



Dry Pantry

- Olive Oil
- Canola Oil
- Canola Cooking Spray
- Vinegar: Balsamic, Apple Cider
- Soy Sauce
- Hot Sauce
- Peanut Butter or Nutella
- Jam or Jelly
- Assorted nuts (pecans, walnuts, almonds)
- Rice (any variety your prefer)
- Two kinds of pasta (we recommend elbows and spaghetti)
- Two kinds of canned beans (we recommend baked beans and black beans)
- Canned diced tomatoes
- Prepared Pasta Sauce
- Honey
- Maple Syrup
- Canned Soups
- Rolled oats
- Cereal (Your choice)
- Instant Oatmeal
- Baking Potatoes
- Coffee
- Tea bags
- Dry Creamer



Basic Spices

- Salt (Iodized and Kosher)
- Pepper
- Cinnamon
- Vanilla
- Garlic Powder
- Garlic Salt
- Lawry's Seasoning Salt

Basic Baking Essentials

- Baking Soda
- Baking Powder
- All Purpose Flour
- White Cane Sugar
- Brown Sugar (Light and Dark)
- Powdered Confectioner's sugar
- Chocolate chips



Fridge

- Eggs
- Milk
- Cheese (cheddar and parmesan)
- Butter (unsalted)
- Pre-cooked microwave bacon
- Ketchup
- Mustard (Plain)
- Mayo
- Hot Sauce
- Lemon Juice
- Sliced Pickles

Freezer

- Frozen fruit: strawberries, raspberries, blueberries
- Frozen vegetables: mixed, green beans, peas, carrots and corn
- Frozen bread (We recommend anything from Sister Schuberts)
- Frozen sliced bread (stick your bread in the fridge or freezer before it goes bad.
It's perfect to toast for sandwiches, croutons or garlic toast)
- Frozen Fries
- Ice Cream